# Counselor's Corner



Florida Virtual School Flex Elementary Strengthening The Home School Connection

Mrs. Rohr and Mrs. Pinkman

### December 2019

# **Developing Trustworthiness: The Right Ingredients**



Teaching your child to be trustworthy doesn't happen overnight. Instead, it is something that teachers and parents can model on a consistent basis. Students can learn the ingredients of a trustworthy character. People with strong character are people we can trust.

Trust is not automatic. Earning trust takes time, losing trust can happen quickly. Honesty, promise keeping, loyalty and integrity are four ingredients that are key to building trustworthiness.

Here are some more "ingredients" to include in your daily life as you build your tower of Trustworthiness:

- Tell the truth.
- Be sincere. Say what you mean and mean what you say.
- If you find something that doesn't belong to you, return it.
- Keep your word.
- Be reliable.
- Return things you borrow.
- Keep private information private.
- Don't gossip.
- Don't ask a friend to do something wrong to keep your friendship.
- Stand up for and act on what you believe.



Modeling this trait will allow students to learn that trustworthiness is essential to building positive relationships with others. A trustworthy person is honest, reliable, loyal and has integrity. What does being trustworthy mean to you? As a parent we want to trust our children to make the right choices when we are not around, to do the right things when presented with a childhood challenge.



#### **School Success Tips:**

- After your child submits their weekly assignments take some time to celebrate their hard work for the week.
- Remind students to challenge themselves to work beyond the required assignments.
- Help your child to set 3
   achievable goals for segment



<u>Teaching Children Trustworthiness</u>

<u>Teaching Kids the Importance</u> <u>of Being Trustworthy</u>

National Geographic Kids: Dr. Martin Luther King

## **Career Week December 9-13**

We are working with the Full Time Counselors to make this year's Career Week the best yet!

Monday, December 9 - CAREER PRESENTA-TIONS DAY- Tune in and listen to Career Presentations throughout the day.

Tuesday, December 10 - CAREER DRESS UP DAY-What career choice is of interest to you? Dress up as someone from that profession.

Wednesday, December 11
- CAREER READ ALOUD Your School Counselors will
be reading aloud books
about Careers.

Thursday, December 12 - COLLEGE TEAM DAY What college might you want to attend? Wear a college shirt (or their school colors)!

Friday, December 13 -MORE CAREER PRESEN-TATIONS - Tune into presentations from our Full Time Middle School Program to listen to more career opportunities.

USE THIS LINK FOR ALL ACTIVITIES: - https://sas.elluminate.com/m.jnlp?sid=679&password=M.F4A1C4EA171A748A7F460DE70456B7.





Mrs. Pinkman School Counselor rpinkman@flvs.net 407-513-3699 Grades 3-5



Mrs. Rohr School Counselor krohr@flvs.net 407-513-3524 Grades K-2