



Counselors' Corner

December 2022

This month's character trait: Trustworthy

So, What is It?

Trustworthy means being able to be relied on as honest or truthful.

Why is it Important?

Trustworthiness is an important part of building a healthy friendship. Your friends need to be able to trust you to have a strong friendship that will last and is meaningful.

How Can I Show that I am Trustworthy?

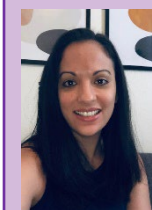
- If I say I am going to do something, I will do it!

- I will show up to class, meetings, and DBAs on time.
- I will apologize...if I've made a mistake, I will admit it and ask how I can make it right.
- I will always speak the truth...even if it's more difficult to say, I know that honesty builds trust.
- I will take care of things that people let me borrow.
- If I find something that doesn't belong to me, I will turn it in instead of keeping it for myself.
- I will not spread rumors or untrue facts about someone.
- I will complete my schoolwork and/or tests on my own, and not by looking at someone else's work.

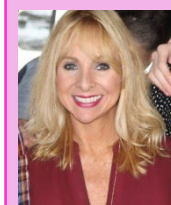
We're here to help!



O: 407-513-3699
rpinkman@flvs.net
 Serving counties
 Alachua through
 Hardee, alphabetically,
 plus Hillsborough.



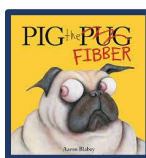
O: 407-513-3613
nminger@flvs.net
 Serving counties
 Hendry through
 Orange, alphabetically,
 except Hillsborough.



O: 407-513-3524
krhr@flvs.net
 Serving counties
 Osceola through
 Washington,
 alphabetically.



Check out these books!

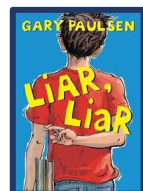
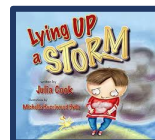


Pig the Fibber

By: Aaron
Blabey

Lying Up a
Storm

By: Julia Cook



Liar, Liar

By: Gary
Paulsen

December at a Glance

12/1 – FLVS Professional Development (no student contact)



12/19 – 1/2 - WINTER BREAK



(courses remain open but no student contact)

How you can Help your Child Learn to be Trustworthy

- Let your children know how much you value honesty
- Help them to decipher between reality and fantasy
- Let them know you appreciate them being truthful even though they did something wrong
- Model honesty in your own communication and interactions
- Point out characters being honest in movies or stories as examples
- Foster a safe environment for them to feel comfortable coming to you with the truth
- If you make a mistake, allow them to see you owning up to it