



Counselors' Corner

January 2023

This month's character trait: Respect

So What is It?

Respect means caring enough about a person, animal, or thing to consider how words or actions would impact him/her/it.

Why is it Important?

It is important to show respect to others because this can help them to feel valued and accepted. It is also important for you to be shown respect so you can feel important and loved.

How can I Show That I am Respectful?

- I will use good table manners when eating.
- I will show up to class, meetings, and DBAs on time.

- I will speak kind words to everyone.
- I will listen to and obey my adults.
- I will give someone a compliment.
- I will wait until someone is finished speaking before talking.
- I will take good care of my pets.
- I will clean up trash in my neighborhood.
- I will always say 'please' and 'thank you'.
- I will think about how my words might affect someone before saying them.
- I will smile at someone.
- I will take good care of myself by eating healthy, exercising, and going to bed on time.

January at a Glance

1/3 Return from Winter Break
(no live class)

1/5 Live Classes Resume

1/16 Martin Luther King Jr
Day - NO SCHOOL



1/23 LIVE guidance Lesson
*See your teacher's
announcement page for details

We're here to help!



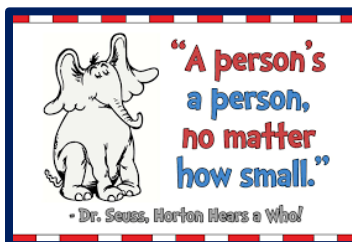
O: 407-513-3699
rpinkman@flvs.net
Serving counties
Alachua through
Hardee, alphabetically,
plus Hillsborough.



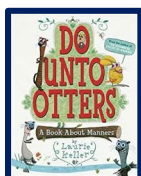
O: 407-513-3613
nminger@flvs.net
Serving counties
Hendry through
Orange, alphabetically,
except Hillsborough.



O: 407-513-3524
krchr@flvs.net
Serving counties
Osceola through
Washington,
alphabetically.



Check out these books!



Do Unto
Otters

By: Laurie
Keller



Wonder

By: R.J. Palacio



The Way I Act

By: Steve
Metzger

How Can You Help Your Child Learn to Show Respect?

- Show patience and listen to your child explain his feelings/reasoning for acting
- Explain to her how her actions might affect someone by discussing how a person might feel after being disrespected
- When you make a mistake, (i.e. making a false accusation, yelling, etc.) apologize and show them that no adult is perfect
- Point out characters being respectful in stories or movies as examples
- Model how to be respectful when speaking to others
- Show them regularly that they are loved, accepted, and valued